



2022 Tuckshop Menu



Whole School Ordering Tuesday – Friday

Available 1st & 2nd BREAK

LUNCH PACKS

SANDWICH, SNACK & DRINK (Popper/plain milk) OR
(Sandwich & 2 x Snacks)

Vegemite, Jam or Honey Sandwich or Roll	\$5.00
Ham, Cheese, Pulled Chicken, Sandwich or Roll	\$6.50
Ham & Cheese, Chicken & Cheese Sandwich or Roll	\$7.00

Snacks

Muffin of the Day
Carrot Sticks
Apple Slinky

LUNCH SPECIALS

Specials Available on specific days of the week, 1ST & 2ND break (trial)

TACO TUESDAYS Sour cream +50c
Fresh Tomato/Lettuce +30c

Nachos	\$5.00
Burrito Wrap	\$4.50

WORLDWIDE WEDNESDAYS

Home-made Butter Chicken w brown & white rice (GF)	\$5.00
Home-made Fried Rice w brown & white rice (GF) (VG)	\$4.70

PIZZA & PASTA THURSDAYS *GF option avail

Home-made Bolognese Pasta w hidden veg *	\$4.70
Home-made Napolitana Pasta w hidden veg (VG)*	\$3.70
Home-made Mac & Cheese w hidden veg (V)*	\$4.20
Hawaiian Pizza (Ham, Cheese, Pineapple)	\$5.00
Prosciutto Pizza (Ham & Cheese)	\$5.00
Margarita Pizza (Cheese & Tomato paste)	\$4.50

FAST-FOOD FRIDAYS

Chicken Burger w the Lot	\$5.50
Beef Burger w the Lot	\$5.50
Chicken Burger w Lettuce & Mayo	\$5.50
Cheeseburger	\$5.50
Mini Chicken Wrap	\$3.50

SANDWICHES, ROLLS & WRAPS (Toasted +50c)

*Cheese + 50c

Cheese	\$3.00
Ham & Cheese	\$4.00
Home-cooked Chicken *	\$3.50
Tuna & Mayo *	\$3.50
Egg, Lettuce & Mayo *	\$3.50
Salad Sandwich	\$3.00
Vegemite, Jam or Honey	\$2.50

SUSHI

Crumbed Chicken & Avocado	\$4.00
Teriyaki Chicken (GF)	\$4.00
Tuna (GF)	\$4.00
Avocado (GF) (VG)	\$4.00
Cucumber (GF) (VG)	\$4.00

SALADS Boiled Egg +50c OR Mayo on the side

Garden Salad: Lettuce, Tomato, Cucumber, Grated Carrot, Beetroot	\$4.00
Wombok Salad: Shredded Wombok, Changs Crispy Noodles, home-made Asian dressing	\$4.00

JAFFLES * Cheese + 50c

Bolognese *	\$3.50
Taco Mince *	\$3.50
Baked Beans *	\$3.00
Tinned Spaghetti *	\$3.00
Pulled Chicken & Cheese	\$4.00
Creamed Corn & Cheese	\$3.00

HOT SNACKS

Chicken Meatballs 3 pack	\$2.50
Chicken Meatballs 5 pack	\$4.00
Beef Meatballs 3 pack	\$2.50
Beef Meatballs 5 pack	\$4.00
Garlic Bread (2 piece)	60c

(V) Vegetarian
(DF) Dairy Free
(VG) Vegan
(GF) Gluten Free



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FRUIT SALAD

Large Fresh Fruit Salad Tub	\$3.80
Small Fruit Salad Cup	\$2.80
Fruit Salad & Yoghurt Cup	\$3.00
Watermelon Cup	\$2.00
Home-made Cinnamon Apples & Custard Cup	\$2.50

SNACKS

Home-made Muffins	\$2.00
<i>Chocolate</i>	
<i>Apple & Cinnamon</i>	
<i>Blueberry</i>	
<i>Banana</i>	
GF Chocolate Muffin	\$2.50
Apple Slinky	\$1.50
Apple	\$1.50
Banana	\$1.50
Carrot Sticks	60c
Carrot & Cucumber Sticks	60c
Snack Cup (Carrot, Cucumber, Cheese sticks)	\$1.00
Baby Cucumber	60c
Home-made Pikelets	\$2.00
<i>Plain</i>	
<i>Butter</i>	
<i>Jam</i>	
<i>Honey</i>	
Popcorn	\$1.50
Vegemite Sayos	\$1.30
<i>No Butter</i>	
<i>No Vegemite</i>	
Red Rock Deli Plain Chips	\$1.50
Grain Waves Sour Cream & Chives	\$1.50
Yoghurt Cup	\$2.00
Christen's Ginger Bread Person	\$2.30

DRINKS

Plain milk 300ml	\$1.50
Chocolate or Strawberry Milk 300ml	\$3.00
Krazy Lemon Drink	\$2.50

Chill Aloe Vera Juice & Pulp \$3.00

Raspberry

Watermelon

Popper \$2.00

Apple

Apple & Blackcurrant

Paradise Punch

Multivitamin

COLD TREATS

Frozen Yoghurt \$3.20

Choc/Vanilla

Strawberry/Vanilla

Watermelon/Mango

Choc/Banana

Bulla Vanilla Ice Cream Cup \$2.50

Mini Calippo Berry \$2.00

Icy Twist Lemonade Iceblock \$2.00

Paddle Pop Ice Cream \$2.00

Banana

Chocolate

Quelch Fruit Juice Ice Sticks \$1.00

Frozen Watermelon Slice 70c

Frozen Grapes 70c

Frozen Orange Wedge 50c

BIRTHDAY ICE BLOCKS – QUELCH FRUIT ICE STICKS \$20.00

Order min 5 days prior

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